

# NUTRITION

## Introduction

Dietitians and nutritionists are primarily concerned with planning food and nutrition programs. Most positions require the Registered Dietitian credential.

## What Can I Do With This Degree?

- Clinical Nutrition
- Community and Public Health Nutrition
- Food Service Management
- Nutrition Education and Teaching
- Diet Counseling
- Product Development
- Consumer Food Science
- Quality Assurance
- Sensory Evaluation

## Potential Occupations

- Clinical Nutrition
- Health Promotion
- Education
- Program Planning and Implementation
- Administration
- Counseling
- Consultation
- Menu Planning
- Budgeting
- Research
- Writing

## Potential Employers

- Hospitals
- Health Care Providers
- HMO's
- Nursing Homes
- Exercise and Fitness Centers
- Social Service Agencies
- Community Centers
- Restaurants
- Schools
- Camps and Daycare Centers
- Hotels
- Federal, State and Local Government
- Sports Teams
- Sports Teams

## Potential Job Tasks

- Interview and counsel clients
- Develop nutrition programs
- Plan menu

## Employers look for these desirable qualities:

- Effective communication skills
- Have an interest in good health, nutrition, and fitness
- Ability to work independently and in a team
- Enjoy helping people

## For More Information:

CNM—School of Mathematics, Science and Engineering  
Main Campus, MS 563  
224-3561

CNM—Career Resource Center  
Main Campus, Student Services Building, Room SC203  
224-4344

The American Dietetic Association: [www.eatright.org](http://www.eatright.org)



Central New Mexico Community College