# **Bystander Intervention Strategies**

If you see potentially dangerous or risky behavior, don't be afraid to say or do something, while always bearing in mind your own safety and the safety of those around you.

## Intervene **Safely** and use the **3 D's**:

#### Direct

- Directly intervening in the moment to prevent a problem situation from happening.
- · Give a disapproving look
- Saying something like: "Are you OK?" or "Hey, stop that" or "Please stop."

### Distract

- Interrupting the situation without directly confronting the offender.
- Talking loudly on your cell phone close to the situation
- Saying something like, "Aren't you in my writing class?"

## Delegate

- Seeking help from another individual, someone authorized to represent others.
- Ask a bystander or colleague to distract one person in the situation while you distract the other
- Call Campus Security -- Emergency: 505-224-3001 or 911
  Non-emergency: 505-224-3002

