

Student Health and Wellbeing

In order to promote health and wellness for students and the populations with which they interact, HWPS students will:

1. get adequate rest, especially before clinical days. Sleep deprivation can have similar physiologic effects to drug and alcohol intoxication and poses a significant threat to patient safety. Students who work nights must absolutely refrain from working immediately before and between clinical shifts.
2. not attend class, clinical, labs, etc. if they are ill. Upper respiratory and gastrointestinal illnesses can be highly contagious. If students are sick, they should stay at home to recover and not bring the illness to the classroom or to the clinical sites. A student who appears ill for class or clinical may be asked by the instructor to leave and may be advised consult a healthcare provider (HCP).
3. notify the appropriate program personnel (clinical or level coordinator) if they are taking a medication that may or does impair judgment (see Policy and Procedures for Student Suspected of Impairment). Students are also reminded that prescription, as well as over-the-counter, medications may alter sensorium, gait or coordination which could cause a safety risk to the client or student.
4. provide a “return to work” note from the HCP to the Nursing Program Director if the student:
 - a. Has been away from campus for three days or more due to illness
 - b. Has undergone any surgical procedure, treatment for injury, childbirth, or other medical procedure – In this case the release note must have specifics about restrictions (e.g. may only lift 20 pounds) OR that no restrictions are in place.
 - c. Is currently under the care of a rehabilitation care team member (respiratory therapist, physical therapist, cardiovascular rehab, etc). – In this case the release note must have specifics about restrictions (e.g. may only lift 20 pounds) OR that no restrictions are in place.
 - d. A copy of the note will be placed in the student file. Students must update the program director as changes to restrictions occur. HCP clearance is required prior to the student returning to the clinical rotation for changes in health status.
5. discuss any recommendation pertinent to clinical or classroom requirements made by a HCP with the instructor or clinical/level coordinator.